

# CORRESPONDENT

September, 2023

Volume 14, No.9



### **Board of Directors Update**

**BRIDGE:** Sherry Johnson has contacted those who have signed up and it seems that they will be playing bridge on Tuesday mornings at 10 am. If you are interested, just drop by the Senior Center and join in.

**CATERED MEAL**: There were about 40 people who participated. Thank you to Nancy, Lydia, Sherri, George and Cheryl for there help and for providing desserts and eggs.

**PANCAKE BREAKFAST:** The next pancake breakfast is September 9. VFW Post 11411 & Auxiliary (Florissant) along with Grandmothers Kitchen is sponsoring the event. The price is \$8 for all you can eat pancakes, scrambled eggs, sausage, biscuits and gravy.

**MINIATURE GOLF:** Those who participated enjoyed themselves. Thank you to Teller Senior Coalition for the transportation.

**GOURD GNOME/SNOWMEN WORKSHOP:** Aline's and Tanna's classes continue to be popular. Thank you for the preparation and planning to make these a success.

**WATERCOLOR CLASS:** Aline &Tanna did their usual good job and the Center got some really good pictures to display.

**Q-TIP PAINTING:** Cheryl was the leader for this activity. Great job that also resulted in some good pictures on display at the Center.

**PLANETARIUM TRIP:** Had some confusion about the start time and as a result did not get to see the show. Thanks to some quick thinking by Marc, we went to the visitor center and went through the museum.

**UPCOMING EVENTS:** Basket Weaving (Sep 8), Holiday Craft Workshop (every Friday in September and October) and Leaf & Troll Trip (Sep 29). ENJOY!!!

If you have suggestions for trips, please tell Cheryl. She works very diligently to provide trips of interest to the members.

Please record your volunteer time in the book at the front desk. This includes time you spend at home preparing for activities. Volunteer time is very useful when we apply for grants.

Woodland Park Senior Organization (aka Club) was formed July 12, 1973, to bring together seniors *age 50 and over*, in Teller and adjoining counties, to promote the well-being of senior citizens and adults with disabilities by providing social interaction, mental stimulation and healthful activities. Stop by any weekday between 9am and 1pm to check out activities we currently provide that might interest you and to suggest additional activities for our community!



Thanks to Nancy, Sherri, George and Cheryl for their contributions and help with the potluck and catered meals. There help continues to make this a great monthly event!

Thanks to the Teller Senior Coalition for providing our transportation to the Miniature Golf and Air Force Planetarium trips. Transportation for these trips are cost free due to their continued support. Thanks!

Thanks again to Aline and Tanna for leading the watercolor and gourd workshops. Also thanks to Cheryl for leading the Q-tip painting workshop. Be sure to check out the results of these events displayed at the center!

Newmont Mines and Kroger continue support with periodic grants throughout the year. The Newmont periodic grant is due to employee donations to area organizations. The Kroger grants are due to folks who shop at City Market signing up to have Kroger donate based on how much an individual shops at City Market. If you want to participate, see the front desk for a form. Thanks to all those who participate in these programs!



There is an **EMERGENCY SHORTAGE** of blood.

**Blood Donation** 

Vitalant Blood Donation dates on Monday afternoons at Our Lady of the Woods Catholic Church in Woodland Park.

September 11, November 13

# **Coming in October**

10/06 Wildwood Casino

10/10 Potluck Lunch

10/20 WWII Museum

10/24 Catered Meal

- Medicare update



Jo Ellen	Anderson	9 - 5
John	Wickham	9 - 5
Sheri	Coleridge	9 - 6
Dare	Bible	9 - 7
Gwen	Hensinger	9 - 7
Gale	Howard	9 - 10
Bob	Lambert	9 - 10
Roberta	Smith	9 - 14
Chuck	Anderson	9 - 15
Lydia	Eells	9 - 17
Ken	Parr	9 - 17
Pattie	Qualls	9 - 17
Jim	Pletcher	9 - 19
Trish	Steward	9 - 19
Harry	Glass	9 - 20
Jin	Mackel	9 - 20
Vicki	Moore	9 - 20
Hildred	Davis	9 - 23
Dave	Weikel	9 - 23
Heather	Lyle	9 - 25
Robert	Gallagher	9 - 27
Bev	Madison	9 - 29
Edward	Faller	9 - 30
Jerry	Shrode	9 - 30
-		

Aug Catered Meal is FREE for Aug Babies!

# Wildwood Casino



Friday, October 6

10:30pm – 3:00pm Lunch in Cripple Creek

Teller Senior Coalition Bus

Call 719-687-3877

or sign-up at the front desk.



# Victor Troll & Leaf Peepers Trip

Friday, September 29
10:30am - 3:30pm

Lunch in Cripple Creek or Victor
Call 719-687-3877
or sign-up at the front desk.



# Mahjong at the Senior Center

Tuesdays at 10:00 am

Join this new group and learn to play this fun and exciting game!

## Zumba Gold



Every Friday - 10:00 am

Zumba is a fitness program that involves cardio and Latin-inspired dance. Instructor, Maureen, will lead us through this beginner level workout concentrating on matching the class to our abilities.

# Bridge at the Senior Center

Bridge is back at the center!



Are you a bridge player who has missed having a group at the center? Sherry Johnson has organized a new bridge group. Beginner players are encouraged to join.

Drop by on Tuesdays at 11:00 am to join in on the fun!



### Holiday Basket Workshop

Friday, September 8 1:00 – 4:00pm All supplies provided!

Call 719-687-3877 or sign-up at the front desk.

#### **Watercolor Class**

Monday, September 18 1:00 – 3:00pm

Join Aline as she guides us through the basics of watercolor painting.



All Supplies provided.

Call 719-687-3877 or sign-up at the front desk.



### Holiday Bazaar Crafts Workshop

Every Friday in September and October 1:00 – 3:00pm

All supplies provided!

Call 719-687-3877 or sign-up at the front desk.



#### Free Line Dancing Class

with Clarissa Wednesdays 10:00 - 11:00 Beginners are most welcome!





IN CONDUNCTION WITH

NW CORNER OF MEMORIAL PARK AT THE SENIOR CENTER

8:00 A.M. - 11:00 A.M.

PANCAKES, SCRAMBLED EGGS, SAUSAGE, BISCUITS & GRAVY FRESH FRUIT, DUICE, COFFEE OR TEA

ALL YOU CAN EAT \$8 - KIDS 3-6 \$2

BROUGHT TO YOU BY VFW POST 11411 FLORISSANT, CO













August 10



August 17



August 24



August 31



August 8 - Potluck Lunch



















# **DENIT** More Snapshots of August









August 25 - Gnome Gourd Workshop











August 31—Bingo













# Join the adventure!



#### will be running the Aging Mastery Program® soon!

uild your own personal playbook for aging well. This fun, innovative program empowers you to take key steps to improve your well-being, add stability to your life, and strengthen ties to your community.

Meet new friends and provide encouragement to one another as you take the Aging Mastery journey together!

Woodland Park Senior Center  $\,$  - 321 N. Pine Street - Woodland Park, CO  $\,$ 

#### Limited spots available: Sign up now!

The program will launch on \_Tuesday, October 3, 2023

but participants have to be signed up by \_September 27, 2023

Please RSVP to: \_Woodland Park Senior Center, M-F \_9am to 1pm

by \_calling 719-687-3877 or come by and sign-up at the front desk



www.ncoa.org/AMP
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#### You Will Learn About:

- Navigating Longer Lives
- Exercise and You
- Sleep
- Healthy Eating and Hydration
- Financial Fitness
- Medication Management
- Advance Planning
- Healthy Relationships
- Falls Prevention
- Community Engagement

The program features local area professionals with expertise in the targeted topic.

Call or come in to sign-up at the Senior Center front desk.

5 Meetings on Tuesday afternoons 1-4pm.

Senior Center members - \$20 Non-members - \$60

Refreshments will be provided!



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#### WOODLAND PARK SENIOR CLUB TOP 10 MEMBERSHIP BENEFITS

- 1. SOCIAL ACTIVITY
- 2. CLUB HOUSE
- 3. INCREASE KNOWLEDGE
- 4. REGULAR ACTIVITY
- 5. FITNESS & WELLNESS
- SPECIAL DISCOUNTS
- 7. SPECIAL EVENTS
- 8. NETWORKING
- VOLUNTEERING
- 10. FUN, FUN, FUN



#### **BOARD OF DIRECTORS**

Jerry Burnham, President
Cheryl Price, Vice President
Jeanette Zupancic, Secretary
Wally Banzhaf, Treasurer
Steve Frick, Director-at-Large
George Caley, Director-at-Large
Gwen Hensinger, Director-at-Large
Tim Miller, Director-at-Large
Mac McCauley, Director-at-Large

#### **COMMITTEES**

Operations, Jerry Burnham
Catered Lunch Coordinator, Joyce Johnson
Transportation, Steve Frick
Public Relations, Rose Banzhaf
Fund Raising, George Caley
Building Use, George Caley
Grants, Jerry Burnham
Historian, Karen Gilliam
Activities, Cheryl Price & Gwen Hensinger
Librarian, Peggy Vogt
Marketing/Advertising, Pamela Argo
Data Entry/Membership, Mac McCauley

All members are encouraged to join a committee where their interest lie. Please contact any of the board members with any concerns or suggestions.

#### 2023 SUPPORTING MEMBERS

Any individual, business, or organization helping to support the Senior Club with a cash donation or a gift in kind

#### **SPONSOR - \$1,000 & UP**

City of Woodland Park
CORE
El Pomar Foundation
Paul Loyd
Newmont Mining
Next 50 Initiative

Osborne Trust Andrew & Janice Parmes John & Cynthia Robinson Tweeds Holiday Home Tour VFW POST 11411

Walmart

Woodland Park Convention & Visitors Bureau

#### **BENEFACTOR - \$350 to \$999**

**Greg Belding** Jerry Burnham George Caley Barbara Riley-Cunningham Larry & Lois Dauelsberg Colorado Natural Gas City Market/Kroger ENT Credit Union **Edward Faller** Doug & Karen Gilliam Grandmother's Kitchen Lynne Johnson Sharon Loewen Mountain View United Methodist Church Jim O'Neal Park State Bank Cheryl Price Brooke & Karolyn Smith Solaris Hospice Angela Wallace U.S.Charitable Gift Trust Gene & Ruth Williams

#### PATRON - \$200 to \$349

Sherre Amen-Laquey - AJ's Pizza - Wally & Rose Banzhaf - Katherine Bergin Robert C. Elliot, DDS - Anna May Hoffman - Home Town Garage - Gary Kraudeit Patty Metz - Gene & Barbara Smith - Wickham's Workbench - Francis Young

#### FRIEND - \$50 to \$199

Greg \$ Brenda Alberts - Jeanne & Coleman Barron - Benchmark Mortgage
Irene Berryman - Gina Billingiere - Arvid Burnham
Charitable Aid Foundation of America - Linda Churchill - Lloyd & Helen Collins
Charles & Hildred Davis - Joe Davis - Marilyn DeCaro - George Drew
Jeffery & Judy Dunn - Susan Ferond - Karen Fry - T.E. Gould - Paul & Janice Hamle
Beverly & Craig Harms - Kathy Hastings - Bill & Martha Hostetter
Freeman & Emily Howard - Susan Janiki - Merlin Jans - Joyce & Irving Johnson
Malone Insurance - Network for Good - Debbie Martin - Eva Maria Mattedi
Adrianne Mauser - Mac McCauley - Ernest & Sharon Moser - Agneta & Fred Nachtigal
Jerry Paul - Ken & Desiree Perkins - Dale & Linda Peterson - Pat & Julia Pine
Eleanor Piwoni - Randy & Miranda Price - Judith Ann Rayer - Sally & Mel Riley
Senior Choice Benefits, LLC - Linda Shepard - Gary Smith - Dr. Cheryl Steen
Bonnie Sulima - Matt Thompson - Ute Pass Chamber Players - Dave & Beth Weikel
Theresa Williams - Ed & Jeanette Zupancic

#### **DONOR - \$1 to \$49**

Bob Accinni - Benevity Community Impact Fund - Ed & Barbara Biersmith Joanne Carnahan - Excel Energy - Marilyn Cummins David & Kathy Hogeboom - Jeanette Holley - Diane Melin Gary & Marcia Myers - James & Claudia Pauloo - Barbara Royal - Maude Williams

#### **ASSOCIATE MEMBERS**

An associate Member is a business/organization who supports the Club and would like to offer a Special Discount or Service for Club Members. If you know a business/organization that is interested in supporting the club this way, please contact the office.