



## Director's Corner

### A Mouse and My House



Each morning after a beautiful snow storm I look out each of my windows to see what happened while I was asleep. A new blanket of snow provides the perfect canvas for animals to leave tracks and an idea of how they survive this wet and cold season.

Under my car I discover very small tracks, mouse size and then I notice a line between the tracks, a tail. The mouse used my car as shelter as it made its way to my house and back, eating grass and seeds growing near my home.

The next tracks I notice are hooved animals with a wide stride and more than one animal, deer. This herd wanders through every day looking for grasses poking through the snow and munching whatever they can find. I have learned through many observations that they drag their feet as they saunter along leaving lines in front of the back hooves. These deer are relaxed, if they were being chased or running away the lines would disappear.



This morning was a special morning, much to my delight I see a marvelous print in the snow. I bundle up and go get a closer look.

A bird has been busy feeding too last night, swooping down on its prey. Then my thoughts turn to the tiny tracks under my car, I pause. Tomorrow I hope to see new tiny tracks making its way from the car to my home.

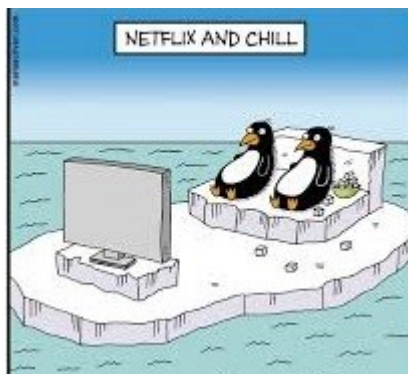
This is nature's way and I feel privileged to observe and understand a little bit more each day. I hope you find stories of your own. Enjoy the season.

Thank you!

Teller Senior Coalition for providing transportation to see the Holiday Lights in Colorado Springs.

Tom—For being the Best Santa Ever!

Paula from DayBreak for providing Dee with nametags and business cards.



### Club Happenings....

January—Free Lunch Fridays

February—Saturday Pasta Lunch

March—Saturday Chili Cook-Off

April—Saturday Soup & Sandwich Lunch

*Dates and Times to be Announced*

### Like to contribute to the Senior Correspondent?

Submissions for the Newsletter are due by the *25th of each month.*

## Member Spotlight

Each month we will feature a different member so that we can get to know each other better. See how much you have in common and say "Hi!" next time you see them!



Sally Clark - Front Desk

*Favorite Color:* Royal Blue

*Favorite Animal:* Her Horse, Catch me. Sally used to breed Arabians.

*Favorite Pets:* Her Dog Dozer (Dozey -Posey). A Boxer that loves to smell flowers.

*Favorite Occupation:* Head of Retention at Colorado Technical College for 20 years.

*Favorite Treat:* Chocolate!

*Favorite Activities:* Hiking in the National Forest with Dozer and Feeding birdseed to her Horse Catch me.

### Coming in January

9 Potluck Lunch / Free Flu Shots

20 Pancake Breakfast

23 Catered Lunch

**FREE LUNCH FRIDAYS**



**January Birthdays!**

Linda Gardner	1-1
Tom Holmes	1-1
Norma Franklin	1-2
Jack Gartee	1-2
Irv Johnson	1-2
Smith Sims	1-5
Sheila McNamara	1-7
Fran Young	1-8
Twila Smith	1-11
Linda Warren	1-11
Marcia Small	1-11
Mary Ann Hussli	1-14
Linda Hutchison	1-14
Paul Ellis	1-15
Joyce Hollingsworth	1-15
Anita Metz	1-15
Joan Hendricks	1-17
Frank Trigg	1-17
Sue Flint	1-18
Nancy Schell	1-24
Beeper Smith	1-24
Ruth Williams	1-24
Joyce Lowther	1-25
Herman Bugger	1-27
Randy Ford	1-28
Nancy Archuleta	1-29
Agneta Nachtigal	1-31

January Catered Meal is FREE For Birthday Babies!

**OFFICIAL CLOSED DATES FOR THE SENIOR CENTER:**

- Jan 1, 2018—New Year's Day
- May 28, 2018—Memorial Day
- Jul 4, 2018—Independence Day
- Sep 3, 2018—Labor Day
- Nov 12, 2018—Veterans Day
- Nov 22 and 23, 2018—Thanksgiving
- Dec 24 and 25—Christmas
- Dec 31, 2018—New Year's Eve
- Jan 1, 2019—New Year's Day



**WOODLAND PARK SENIOR CLUB  
TOP 10 MEMBERSHIP BENEFITS**

1. SOCIAL ACTIVITY
2. CLUB HOUSE
3. INCREASE KNOWLEDGE
4. REGULAR ACTIVITY
5. FITNESS & WELLNESS
6. SPECIAL DISCOUNTS
7. SPECIAL EVENTS
8. NETWORKING
9. VOLUNTEERING
10. FUN, FUN, FUN

**SOCIAL ACTIVITY**

The most popular benefit of membership in the Senior Club is Social Activity. If you have just moved into Woodland Park or you are looking for a way to improve your social life, joining the Senior Club can give you a way to connect and find people with shared interests. The Club offers a way to get to meet new people, make new friends, and find people with common interests. Weekly lunches, exercise classes, afternoon bridge, shoot some pool, play bingo, a game of horseshoes, chili cook off, picnic in the park, special outings and Club parties are some of the ways to expand your social life with Club activities.

**Care & Compassion**

By Chaplin Kevin Manning

It is with great sadness that I must report the passing of Rick Figgy and Mattie Boyles in December. We will be holding a remembrance get together on Friday, January 12, 2018 right after lunch for those who want to participate.

**Watercolor Painting is Back!**

*A big Thank You to Dottie Griffy who has volunteered to teach the class. She will start on February 2nd, classes will run on Fridays from 1-3 pm. Bring a picture to work on if you have one and your own supplies.*

*Sign up at the Front Desk if you want to be part of this class and pick up the list of items needed.*

**Membership Dues**

Just a friendly reminder that Membership dues are due. If you have already joined the Club for 2018, Thank you. If you still need to pay, please see the Front desk or mail it in. We will ask you to fill out a new membership form to make sure your information is correct and up-to-date. I am excited to have a marketing committee established and working hard to bring you more in 2018.



Gingerbread Contest Winners—We submitted three houses and all three one!! Way to Go!



Yvonne—1st Place



Kevin & Dianne—2nd Place



Wendy & Allie-3rd Place



Last Bingo Winners of 2017



Preschool in the Pines visit Santa



Preschool in the Pines Perform at Christmas

**GUEST LUNCH FORM for FREE LUNCH**

Date: Friday, January \_\_\_\_\_ 2018

Member Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
(please print)

Guest Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
(please print)

**GUEST** - Should meet the requirements for membership and might be interested in membership

**INDIVIDUAL OR COUPLE** – Can be an individual or a couple

**DAYS** - Every Friday in January, 2018

**LIMIT** – Please, one guest day lunch per guest



**RESERVATIONS** – Must make a reservation at least 24 hours in advance


**PAYMENT** – Lunch is FREE for Guest & Member



# January 2018

## WOODLAND PARK SENIOR CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <b>Senior Center Closed</b> <b>New Year's Day</b>	2 9:00 Fitness Class	3 10:30-11:30 AEA Exercise 12:00-3:00 Bridge	4 9:00 Fitness Class 10:30-11:30 BINGO 1:00-1:30 Tai Chi w/Barb	5 10:30-11:30 AEA Exercise	6
7	8 9:00-11:30 Quilting 12:00-3:00 Bridge	9 9:00 Fitness Class 11:45 – 1:00 <b>POTLUCK</b> Free Flu Shots	10 9:00 Board Meeting 10:30-11:30 AEA Exercise 12:00-3:00 Bridge	11 9:00 Fitness Class 10:30-11:30 BINGO 1:00-1:30 Tai Chi w/Barb	12 10:30-11:30 AEA Exercise 11:45-12:15 Free Lunch for bringing a guest 12:30-1:00 Remembrance	13
14	15 9:00-11:30 Quilting 12:00-3:00 Bridge	16 9:00 Fitness Class	17 10:30-11:30 AEA Exercise 12:00-3:00 Bridge	18 9:00 Fitness Class 10:30-11:30 BINGO 1:00-1:30 Tai Chi w/Barb	19 10:30-11:30 AEA Exercise 11:45-12:15 Free Lunch for bringing a guest	20 <b>8:00 – 11:00 a.m.</b> 
21	22 9:00-11:30 Quilting 12:00-3:00 Bridge	23 9:00 Fitness Class <b>CATERED LUNCH</b> <b>\$7.50</b>	24 10:30-11:30 AEA Exercise 12:00-3:00 Bridge	25 9:00 Fitness Class 10:30-11:30 BINGO 1:00-1:30 Tai Chi w/Barb	26 10:30-11:30 AEA Exercise 11:45-12:15 Free Lunch for bringing a guest	27
28	29 9:00-11:30 Quilting 12:00-3:00 Bridge	30 9:00 Fitness Class	31 10:30-11:30 AEA Exercise 12:00-3:00 Bridge			<i>Coffee Mon-Fri every morning and cards, dominoes, cribbage or billiards</i>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Golden Circle Closed	2 Baked Citrus Tilapia Baby Baker Potatoes Mixed Vegetables Apple Roll High Fiber Cookie 2% Milk	3 Chicken Cacciatore Pasta Broccoli Coconut Crunch Fruit Salad Breadstick 2% Milk	4 Beef & Bean Burrito w/ Green Enchilada Sauce Spanish Rice Mexican Corn Orange Yogurt 2% Milk	5 Hamburger w/ Lettuce, Tomato & Onion Carrots Coleslaw Spiced Peaches 2% Milk
8 Baked Ziti w/ Sausage Green Beans Tossed Salad ( Banana Raisin Oatmeal Cookie 2% Milk	9 <b>Pot Luck</b>	10 Honey Roasted Curry Chicken Rice Green Beans Carrot Raisin Salad Orange Spice Cake 2% Milk	11 Pork Chow Mein Rice Winter Blend Vegetables Whole Wheat Bread Banana Sugar cookie 2% Milk	12 Breaded Chicken Sandwich w/ Lettuce & Tomato Tomato Basil Salad Apple Peanut Butter Cookie 2% Milk
15 Golden Circle Closed  MEALS ARE PARTIALLY FUNDED BY THE PIKES PEAK AREA AGENCY ON AGING	16 Crab Cakes Broccoli Cheddar Rice Green Bean Almondine Orange Oatmeal Raisin Cookie 2% Milk	17 BLT Sandwich Bean Soup Broccoli Peanut Salad Coconut Crunch Fruit Salad 2% Milk	18 Roast Turkey w/ Gravy Mashed Potatoes California Blend Vegetables Fresh Pear Peach Cobbler 2% Milk	19 Sloppy Joe Carrots Coleslaw Peaches Oatmeal Raisin Cookie 2% Milk
22 Broccoli Stuffed Chicken Breast Green Beans Lemon Herb Rice Orange High Fiber Cookie 2% Milk	23 <b>Catered Meal \$7.50</b>	24 Beef Stroganoff Pasta Broccoli w/ Cheese Banana 2% Milk	25 Meatloaf Mashed Potatoes Peas 3 Bean Salad Spiced Peaches 2% Milk	26 Salmon w/ Lemon & Dill Succotash Mushroom Risotto Butternut Squash Soup Apple Peanut Butter Cookie 2% Milk
29 Swedish Meatballs w/ Noodles Peas & Carrots Tossed Salad Coconut Crunch Fruit Salad Peanut Butter Cookie 2% Milk	30 Chicken Fajitas w/ Pepper, Onion, cheese, Sour Cream & Salsa Tortillas Spanish Rice SW Black Beans Strawberries 2% Milk	31 BBQ Pork Ribbles Baked Beans Scalloped Potatoes Apple Sauce Whole Wheat Bread 2% Milk	 <b>January 2018 Golden Circle Nutrition Menu</b>	

**MAKE A RESERVATION BY CALL 687-3877 BY 1:00 P.M. THE DAY BEFORE YOU WANT A MEAL.**

Menu substitutions may occur without notice. Diners are advised to keep a 3-day supply of non-perishable foods and bottled water in case of inclement weather or an emergency causes a temporary suspension of services.





WOODLAND PARK  
SENIOR ORGANIZATION

321 North Pine Street  
P.O. Box 5813  
Woodland Park, CO, 80866

Volume 9 No. 1  
January 2018

RETURN SERVICE REQUESTED

#### BOARD OF DIRECTORS

Jerry Burnham, President  
Rose Banzhaf, Vice President  
Bre Gielissen, Treasurer  
Jeanette Zupancic, Secretary  
Ron Frindt, Director-at-Large  
Pat Pine, Director-at-Large  
Jim Grover, Director-at-Large  
Dee DeJong, Director

#### COMMITTEES

Sue Frindt, Historian  
Paul Loyd, Lunch Coordinator



*Join us on February 13, 2018  
to celebrate our wonderful  
volunteers who keep the Senior  
Center humming.*