### SENIOR CORRESPONDENT A publication of the Woodland Park Senior Citizens Club FEBRUARY, 2017

Volume 8, No. 2

### THE FINAL REPORT



Good news!!! I can confirm that we made a

small profit in our operating funds in 2016. We are \$453 in the black compared to \$2452 in the red in 2015. Unfortunately, we had to sell \$1500 worth of securities to make our small profit but we had to sell \$4000 in 2015 and still lost money. Because we sold securities in 2016, it's reasonable to expect our market value to be \$1500 less than it was at the end of 2015. However due to the variables of the market, our securities are only \$417 less at the end of 2016. Our financial goal for 2017 should be to make a profit without selling any securities. I believe this is a reasonably attainable goal especially considering we started 2017 with \$2162 more in checking than we had on 1 January 2016.

The reason for our improved situation is pretty simple. You, the members. We experienced a great increase in donations from members. Thank you very much. Your dues were an important part also. Our top sources of income were cash donations, dues, pancake breakfast and lunches, in that order. An unexpected grant from the VFW Foundation helped, too. Our greatest expenses continue to be salary and payroll taxes, electricity and janitorial service, in that order.

After eight years as your treasurer, it's time to move on. Fresh ideas on the board can only help the club. Thank you for your support. It's been a pleasure counting your money. I'll still be around running the pancake breakfast. See you on the third Saturday each month.

> Your Outgoing Treasurer, Bill Avery



More than 100 members have renewed their membership for 2017. That is nearly half of us paying before the end of the 1st month. That has to be a record.

Now...for the rest of us. Please pay your dues at your earliest convenience.

Coming in February: 8 Board Meeting at 9:00	
11 Trip to Cripple Creek Ice Show	
14 NO POTLUCK Lunch & Cardiology Presentation	
Provided by Pikes Peak Regional Hospital	
18 Pancake Breakfast	
21 AARP Smart Driver Course 1-5 p.m.	1
25 6th Annual Chili Cook-off Fundraiser (for the Club)	litte
28 Catered Lunch & Nat'l Parks & Monuments, Irv Johnson	P. S.
	1.00

They make a difference. As Bill mentioned in the previous article, they are our second largest source of income. We could not make it without them.

We also have a number of former members who did not renew last year. Was it something we said? Please let us know if there is something we can add to our activities to bring you back. We miss you!

# **321 N PINE**

## CENTER A NEW ADDRESS

With renovation of Memorial Park, the Senior Center can no longer be accessed from Center Street. Therefore, the City has assigned us the new address of 321 N Pine St. Should make it easier for us to provide directions..

> —February Newsletter— Sponsored by







A MATTER OF BALANCE

is an 8-week structured group intervention that emphasizes practical strategies to reduce fear of falling and increase activity levels. Participants learn to view falls and fear of falling as controllable, set realistic goals to increase activity, change their environment to reduce fall risk factors, and exercise to increase strength and balance.

Classes will be held at the Senior Center on Tuesdays from 2 until 4, beginning Tuesday, February 28th through Tuesday, April 25th. Classes are FREE but sign up early. Space is limited.

### **FEBRUARY BABIES:**

Jerry Burnham Jeanette Brayton Carol Colby Richard Devaul Janice Hamlet James Mitchell Don Parlier Dorothy Palmer Marlene Richey Pat Ripperger

### February Catered Meal is FREE for February Babies!

The Senior Correspondent is published monthly by Woodland Park Senior Citizens Club located at 321 North Pine Street, POB 5813, Woodland Park, CO 80866, 719.687.3877.



Tuesday, February 21, 1:00—5:00 p.m. at Woodland Park Senior Center. \$15 for AARP members. \$20 for non-AARP members. Call 687-3877 to sign up.



Check out the various classes offered through Pikes Peak Regional Hospital's Senior Circle program.

Low Impact Fitness: 1st & 3rd Tuesdays from 3 until 4p.m.

Sitz Yoga: every Tuesday from 1:30 until 2:30 p.m.

Dance: 2nd & 4th Tuesdays from 3:00 until 4:00 pm.

Contact Deb Idleman at 686-5802 for additional information.

VITA/TCE Tax Aide—Thursday afternoons beginning in February, call 719-229-9868 for an appointment.

AARP FOUNDATION TAX-AIDE AARP Foundation Tax-Aide welcomes appointments for Wednesday afternoons beginning in February. Call 719-351-6600.

### DO YOU HAVE A RESERVATION?

Please be considerate of our lunch program and our chef by calling ahead to make reservations for lunch. 24 hours is the required "heads up," but earlier still would be even better. If the chef shops and cooks for 20 and 30 people show up...well, you can do the math. Please call in ahead!

Jhank You!!!

Pikes Peak Regional Hospital and Surgery Center for sponsoring our January newsletter. Watch for their cardiology presentation on February 14th.

Doris Gowen for a nostalgic walk down memory lane.

Barb Riley-Cunningham for donating her time and expertise every week, leading us in Tai Chi.

Pancake Breakfast Crew!!!

Ute Pass Chamber Players for a delightful preview of your upcoming concert.

Bev Jones for coordinating and Jerry Burnham for driving us to the Outlets at Castle Rock.



We are in need of assistance in several areas of our operation. This is a great opportunity to get more involved and help your club at the same time. Needed:

Catered Meal Cookers. Don't want to go it alone? Get a group together and each make a dish. Eddy and Pamela made lasagna for the January Catered meal. Rose Banzhaf made dessert and Ruth Williams brought the salad. It's much easer when it's a collaborative effort.

Book custodian. We could use someone to keep the books in order. It would require getting them in order initially and then checking them once or twice a month to keep up.



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Yea Volunteers!

YOU'RE THE BEST! Day in and day out we have folks who work for free and keep this place going. Richard Devaul opens every morning come rain or come shine and spends his Wednesdays at the front desk. Jeanette Zupancic takes a day each week at the desk and calls Bingo on Thursdays! Sue Holland also takes a day at the desk each week as do Ruth Williams and Sally Clark.

Nancy Lambert and Bill Kohrt help Chef Gerry in the kitchen, and who hasn't watched Geri Holman cleaning up after us every day following lunch. She has her hands in hot water and bleach every day just for us!

Take a second to thank these individuals, and think about what you might contribute as well. Your skills and talents are what make the Club a great place to play and work.

When you're a senior your secrets are safe with your friends because they can't remember them either.

UTE PASS Chamber Players



PRESENT WE WISH THE BRONCOS WERE PLAYING AT THE SUPER BOWL CONCERT!

To help ease the pain: music of Mozart, Doppler, Hovhaness and Schubert

FEATURING: GUY DUTRA-SILVEIRA, Oboe CLARK WILSON, Bassoon VINCENT LEMOINE, Violin MARY ANNE LEMOINE, Viola MARY LINDSAY, Cello DINA HOLLINGSWORTH, Flute THERESA RICHARDS, Flute BARB RILEY-CUNNINGHAM, Piano and

SPECIAL APPEARANCE BY THE SPIRITUS QUARTET

### Sunday, February 5, 2017, 3:00 PM High View Baptist Church

1151 Rampart Range Road in Woodland Park

Tickets (\$15; Students \$5 with valid school ID) available at the door or call 686-1798

**Affiliate Member** 



ENIOR CITIZEN'S CLUB	I wish to help Woodland Park Senior Citizens Club provide social, educational and healthful activities for area Seniors.				
Name:		Phone:			
Address:		Email:			
City:	State:	Zip:			
Amount of my donation	: \$ Please make che	cks payable to WP Senior Citizens Club.			
WPSCC ~ Post O	ffice Box 5813 ~ Woodland Park ~ CO '	* 80866 ~ www.woodlandparkseniors.com ~ Tax ID: 84-0752514			
Your donation is tax	deductible to the full extent of the law	v. No goods or services were provided in return for this contribution			

## SENIOR

## **Snapshots of January**





Happy New Year From Preschool in the Pines!



retiring Treasurer, William Avery. Thank you for keeping our beans in order!

Doris Gowen shares memories of her childhood.

Lots of heads nodded in understanding!

Part of our dedicated Pancake Breakfast Crew.



Mondays and Wednesdays from Noon until 3:00. Beginners welcome!









Tim tries to keep the boys honest.

Barb Riley-Cunningham leads Tai Chi every Thursday from 1:00—1:30.

## SENIOR

### **Snapshots of January**

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Ute Pass Chamber Players delight us with a beautiful piece from Mozart.

Piano: Barb Riley-Cunningham, Violin: Vincent Lemoine, Cello: Mary Lindsay, Viola: Mary Anne Lemoine.

Don't miss the full performance, Sunday, February 5th, at High View Baptist Church <u>before</u> the big game.

Ready to depart for the Outlets at Castle Rock.



## February, 2017

### WOODLAND PARK SENIOR CITIZENS CLUB

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>_</u>	<u>_</u>	<u>_</u>	1	2	3	4
Coffee Mon-Fri			10:30-11:30 AF Exercise	10:30-11:30 BINGO	10:30-11:30 AEA Exercise	
every morning and			12:00-3:00 Bridge	1:00-1:30 Tai Chi w/Barb		
cards, dominoes,						
cribbage or billiards.						
5	6 9:00-11:30 Quilting	7	9:00 Board Meeting 8	9	10	11 Outing to
	9.00-11.50 Quinting		10:30-11:30 AF Exercise	10:30-11:30 BINGO	10:30-11:30 AEA Exercise	Cripple Creek
	12:00-3:00 Bridge		12:00-3:00 Bridge	1:00-1:30 Tai Chi w/Barb		Ice Festival
						Leave at 10
						Back by 3 Sign up at Front Desk
12	13	14	15	16	17	18
12	9:00-11:30 Quilting	17	10:30-11:30 AF Exercise	10:30-11:30 BINGO		8:00 – 11:00 a.m.
	12.00.2.00 D 11.		12:00-3:00 Bridge	1:00-1:30 Tai Chi w/Barb	10:30-11:30 AEA Exercise	2 pancake
	12:00-3:00 Bridge	Lunch by PPRH	12.00 5.00 Bridge	2:00 Craft Session		breakfast
		Cardiology Presentation		Bring your own		
		(no potluck)		or join us for a mixed media project.		
19	20	21	22	23	24	25
	9:00-11:30 Quilting		10:30-11:30 AF Exercise	10:30-11:30 BINGO	10:30-11:30 AEA Exercise	
	12:00-3:00 Bridge		12:00-3:00 Bridge	1:00-1:30 TaiChiw/Barb		
	12.00 5.00 Bridge	AARP				COOK OFF
		Driver Safety Course				
		1:00 - 5:00				11:00 – 1:30
26	27	28				
	9:00-11:30 Quilting	CATERED				
	12:00-3:00 Bridge	Nat'l Parks & Monuments				
		Irv Johnson				
		2:00-4:00 A Matter of Balance				
		w/Rebecca				

Monday	Tuesday	Wednesday	Thursday	Friday
		1)Pepper Stuffed Brats Hoagie Bun German potato salad Salad Bar Cut fresh fruit	2)Beef Stroganoff on wide egg noodles Peas and Carrots Salad Bar Cream Puffs	3) Mahi with Red Pineapple sauce Steamed Rice Vegetable du jour Rolls Coconut Custard Pie
6)	7)Taco Bar Beef and Chicken "Cafe" Tortilla Soup Salad Bar Cookies	8)Chicken Parmesan Buttered fettuccine Green Beans Garlic Bread Cake	9) Smothered Pork Chops Baked Baby Potatoes Mixed Vegetable Biscuits Cape Cod Apple Pudding	10 Teriyaki Chicken K-Bob Brown rice pilaf Grilled Spiced Carrots Whole Fresh Fruit
13)	14) Lunch complements of PIKES PEAK REGIONAL HOSPITAL AND SURGERY CENTER Seating is limited.	15)Classic French Dip roast beef on hoagie with Au jus French Onion Soup Extended Salad Bar Fresh fruit compote	16)Honey Roasted Lemon Peppered Chicken Mashed Potato & Gravy Vegetable du jour. Rolls Blueberry Muffins	17)Cornmeal grilled Catfish Sweet Potato Pancakes Succotash Salad Bar New Jersey Crumb Buns
20)	21)Grilled Ham and Cheddar Split Pea Soup Extended Salad Bar Asst Dessert	22) Mongolian Beef Rice Asian Vegetable Mix Salad Bar Honey Ginger Date Muffins	23)Pork Pot Roast New potatoes. Carrots , Celery, onion. in Gravy Biscuits Cut fresh fruit	24)Chicken Fricassee in apple cream. Cheese Tortellini. Sautéed, seasoned, Spinach and Tomato. Spice Cake
27)	28) Catered Lunch			TELLER SENIOR COALITION SENIOR SERVICES WITH SSINCE 1996



321 North Pine Street P.O. Box 5813 Woodland Park, CO, 80866

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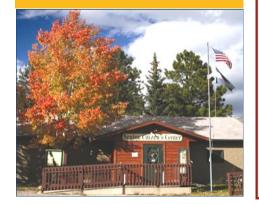
RETURN SERVICE REQUESTED

#### **BOARD OF DIRECTORS**

Jerry Burnham, President Rose Banzhaf, Vice President In Search of, Treasurer Jeanette Zupancic, Secretary Ron Frindt, Director-at-Large Pat Danielson, Director-at-Large Pamela Argo, Activities

#### COMMITTEES

Sue Frindt, Historian Paul Loyd, Lunch Coordinator Bev Jones, Trips





321 N PINE ST (BEHIND CITY HALL) ADMISSION \$7 - INCLUDES TASTINGS & LUNCH

CHILI ENTRY FEE: \$10

Call pamela at 339-0954 or email pjargo2010@yahoo.com Prizes will be awarded for 1st place, 2nd place and people's choice.

Sponsored by:



Proceeds support activities at Woodland Park Senior Center. Retired, not expired!