

# SENIOR CORRESPONDENT

A publication of the Woodland Park Senior Citizens Club

APRIL, 2017

Volume 8, No. 4

## ¢ents For Seniors

Woodland Park Senior Citizens Club is in the process of its first fundraising campaign. We are approaching businesses and individuals for support of the Senior Club and its programs. We have managed to support ourselves for over 40 years with a lot of hard work from our members and volunteers, but the time has come to reach out to the community. Even organizations that give out grants want to see that an applicant is supported by its own community.

Let's review our sources of income.

We have a pancake breakfast that brings in from \$200 to \$300+ each month and volunteers who are willing to get up at o-dark-thirty every month to make that happen. Next, we have four fundraisers a year starting with the Chili Cook-off at the end of February. This year we brought in \$1,100 including sponsor support. Last year's Afternoon Tea in June came in at \$1,800, the Bazaar/Flea Market made \$2,476.18 and our in-house Cowboy Lunch and Auction made a little over

\$600. Our direct cash donations which include our big donation jar, came in at \$8,273.82 and donations for merchandise and cards netted \$2,817.14. Our second highest source of income is dues which amounted to nearly \$6,000 in 2016. With many members paying their dues for 2017 before the end of 2016, we came out in the black approximately \$450 for 2016. So, you can see how tightly we have to operate.

Thus the ¢ents for Seniors Campaign. We are mainly targeting the community at large outside of the Club, but we encourage every member to consider making a donation toward this campaign, no matter how small. Our goal is \$5,000, and we are about half-way there. If you can make a donation toward our goal, or if you know someone whose heart is in services and activities for senior citizens, please pass that along to the fundraising committee. They are Jim Grover, Chairman, Jerry Burnham, Doug & Karen Gilliam, Rose Banzhaf, Cathryn Fabiano and Pamela Argo.

Your ¢ents make a difference!



As of Monday, April 3rd, our noon meals will be provided by Silver Key/Golden Circle Nutrition Program. A menu is included in this newsletter. Rather than taking "payment" for the meals at the front desk, a bright orange donation box from Silver Key will be placed on the beverage table. The suggested donation is \$2.25 for everyone age 60 and over. The required payment for all those under the age of 60 is \$7.30. If you are concerned about keeping your contribution confidential, you may place it in an envelope and drop it in the contribution box. Please inform the Site Manager if envelopes are not available.



—April Newsletter—  
Sponsored by



### Coming in April:

- 4 AARP Safe Drive Course
- 7 Watercolor Group at 12:30 (weekly Friday afternoons)
- 11 POTLUCK & Ken Valles: Development of the Atomic Bomb
- 15 Pancake Breakfast
- 24 Shopping Trip for crafts and antiques
- 25 CATERED LUNCH & Stacy Osborne: Medicaid Myths: Don't spend down your savings!
- 29 Art & Crafts Fair and Bake Sale

**AARP**® SMART DRIVER PROGRAM

Tuesday, April 4, 1:00—5:00 p.m. at Woodland Park Senior Center. \$15 for AARP members. \$20 for non-AARP members. Call 687-3877 to sign up.



**HAVE YOU PAID YOURS?**

**Senior Circle**   
AT PIKES PEAK REGIONAL HOSPITAL

Check out the various classes offered through Pikes Peak Regional Hospital's Senior Circle program.

Low Impact Fitness: 1st & 3rd Tuesdays from 3 until 4p.m.

Sitz Yoga: every Tuesday from 1:30 until 2:30 p.m.

Dance: 2nd & 4th Tuesdays from 3:00 until 4:00 pm.

Contact Deb Idleman at 686-5802 for additional information.



**Thank You!!!**

Jayson Baker and Peak Internet for sponsoring our January Newsletter.



Lora Schleicher and Ed Shirk for the classic movie matinees!

Rebecca Janacek for A Matter of Balance classes. Your enthusiasm is contagious!

Julia Pine for the beautiful piano pieces during our potluck.

Mountain Eire dancers for bringing out the Irish in all of us.

Circle H Smokehouse for the Pancake Breakfast supplies each and every month!

Eva Mattedi and Bev Jones for the great chicken chili and corn bread! Where did the leftovers go?

Teller County Chiropractic for the presentation on weight loss and healthy eating...not that any of us needed it.

Lori Morgan and UC Health for your energetic presentation on how to avoid falling. Sorry about all the electrical cords.

Gerry Coulter for a great two years of delicious, fresh, home-cooked meals.

Wil Panilo for dishing us all up.

Nancy Lambert & Geri Holman for hours of volunteer work on our behalf. We hope to continue seeing you.

**AARP FOUNDATION TAX-AIDE**

AARP Foundation Tax-Aide welcomes appointments for Wednesday afternoons. Call 719-351-6600. **LAST DAY IS WEDNESDAY, APRIL 12th!**

**VITA** volunteer income tax assistance

VITA/TCE Tax Aide—Thursday afternoons. Call 719-229-9868 for an appointment. **LAST DAY IS THURSDAY, APRIL 13th!**

**APRIL BABIES:**

- Barbara Biersmith
- Helen Collins
- Joanne Carnahan
- Marilyn Cummins
- Ron Frindt
- Larry Griffy
- Jim O'Neal
- Ralph Pauly
- Al Pickup
- Joyce Shiner
- Torrie Smith
- Janiece Tyler
- Cheryl Townsel
- Janet Von Jenef

**April Catered Meal is FREE for April Babies!**  
(if you have paid your dues!)

The Senior Correspondent is published monthly by Woodland Park Senior Citizens Club located at 321 North Pine Street, POB 5813, Woodland Park, CO 80866, 719.687.3877.

## DENTAL SUPPORT FOR VETERANS

Special Grant Funding is available for veterans 60+ years of age. Do you need fillings, extractions, dentures, partials, comprehensive exams, dental cleaning? Call Senior Mobile Dental at 719-310-3315 before funding ends. All work MUST be completed by June 30, 2017.

Senior Mobile Dental is a non-profit organization serving people who can't afford dental care. We serve ALL ages with various grants providing LOW COST basic dental care.



## NATIONAL PET MONTH

National Pet Month is observed in May 2017; a celebration of the benefits that pets bring to people's lives - and vice versa.

National Pet Month's aims are to promote the benefits of pet ownership, support pet adoption, make people aware of the benefits of pets for people and people for pets, increase public awareness of services available from professionals who work with animals and raise awareness of the role, value and contribution to society of working companion animals.

Got pets? Bring in your pictures or email them to me. We'll have a much better-looking bunch of pictures for May if you do!!!

## BAKERS NEEDED

Saturday, April 29th is our Spring Craft Fair & Bake Sale. Can you help with baked goods for the sale? Cookies, cakes, pies, breads, candies...all would be great additions and add to the proceeds of this event. We could also use a volunteer or two to help that day if you are available. Let's make this our best Craft Fair yet.

## QUILT DRAWING



Our current quilt is beautiful spring/summer colors. We will draw for the winner on July 4th following our special Pancake Breakfast in conjunction with the Old Fashioned 4th of July in the park. Tickets are \$1 or six for \$5. Need not be present to win. Stop by the Senior Center and see for yourself!

All eighteen of her grandchildren and her five children continued to nag at grandma to get a hearing aide. Not a day went by when one of them didn't mention it or bring her a brochure or the business card of a local audiologist. When finally they all ganged up on her at a family reunion, grandma let them have it, "I'm 87 years old and I've heard enough!"



### Charitable Donation Form

I wish to help Woodland Park Senior Citizens Club provide social, educational and healthful activities for area Seniors.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Amount of my donation: \$ \_\_\_\_\_ Please make checks payable to WP Senior Citizens Club.

WPSCC ~ Post Office Box 5813 ~ Woodland Park ~ CO ~ 80866 ~ www.woodlandparkseniors.com ~ Tax ID: 84-0752514

Your donation is tax deductible to the full extent of the law. No goods or services were provided in return for this contribution.

# Familiar Faces



Cake for the Birthday Boy. This one stayed upright!



Would you like some pie under that whipped cream?

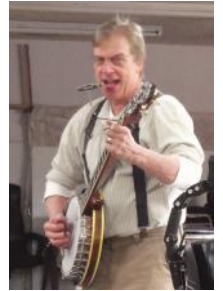
An Elf it'were.



John Topping & Terry Barber patiently wait for lunch.



Our awesome banjo player, Dana.



Working on a beautiful quilt of Fran's.



Nice t-shirt, but aren't you still working?

Frank & Mary Lou make the most of St. Paddy's Day.



Our dancers from Mountain Eire never disappoint.





# April BINGO



Rita Randolph, instructor, and some of the finished pieces from our watercolor class.

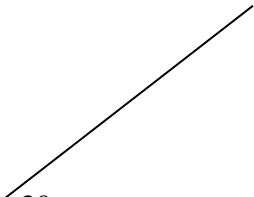


Gerry Coulter's last week as Chef. We will miss those great meals. Maybe we can con him into cooking one of our catered meals.





# APRIL, 2017

## WOODLAND PARK SENIOR CITIZENS CLUB

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Coffee Mon-Fri every morning and cards, dominoes, cribbage or billiards.</i>						1
2	3 9:00-11:30 Quilting 12:00-3:00 Bridge	4 Gold Hill Theaters Senior Classic Movie North by Northwest Cary Grant, Eva Marie Saint, 1959-2hr 16min  2:00-4:00 A Matter of Balance w/Rebecca	5 10:30-11:30 AEA Exercise 12:00-3:00 Bridge	6 10:30-11:30 BINGO 1:00-1:30 Tai Chi w/Barb	7 10:30-11:30 AEA Exercise  Watercolor Group 12:30	8
9	10 9:00-11:30 Quilting 12:00-3:00 Bridge	11 <b>Potluck</b> Ken Valles: Development Of the Atomic Bomb 2:00-4:00 A Matter of Balance w/Rebecca	12 9:00 Board Meeting 10:30-11:30 AEA Exercise 12:00-3:00 Bridge	13 10:30-11:30 BINGO 1:00-1:30 Tai Chi w/Barb	14 10:30-11:30 AEA Exercise  Watercolor Group 12:30	15 8:00 – 11:00 a.m.  Pancake Breakfast
16	17 9:00-11:30 Quilting 12:00-3:00 Bridge	18 Gold Hill Theaters Senior Classic Movie On Golden Pond Hepburn & Fonda, 1982-1hr 49min  2:00-4:00 A Matter of Balance w/Rebecca	19 10:30-11:30 AEA Exercise 12:00-3:00 Bridge	20 10:30-11:30 BINGO 1:00-1:30 Tai Chi w/Barb	21 10:30-11:30 AEA Exercise  Watercolor Group 12:30	22 FREE WPHS Key Club Spring Brunch 10:00-11:00 at the Senior Center Call for reservations.*
23  30	24 9:00-11:30 Quilting 10:30 Shopping Trip** 12:00-3:00 Bridge	25 <b>CATERED LUNCH</b> Stacy Osborne Medicaid Myths and how to qualify. Don't spend down your savings! 2:00-4:00 A Matter of Balance w/Rebecca	26 10:30-11:30 AEA Exercise 12:00-3:00 Bridge	27 10:30-11:30 BINGO 1:00-1:30 Tai Chi w/Barb	28 10:30-11:30 AEA Exercise  Watercolor Group 12:30	29 <i>Art &amp; Crafts Fair And Bake Sale 9am - 3pm WPHS Senior Center</i>

\*Please call the Front Desk at 687-3877 to make reservations for the FREE Key Club Brunch.

\*\*Leave the Senior Center at 10:30, back by 3:30. \$5 for transportation or more depending on number of participants + Lunch Money

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BLT 3 TOMATO BASIL BISQUE ITALIAN VEGETABLE SALAD COCONUT FRUIT SALAD MILK	PORK LOIN 4 W/ MUSHROOM SAUCE BLACK BEAN & LENTIL SOUP ROASTED BRUSSELS SPROUTS ROASTED SWEET POTATOES PINEAPPLE MILK	CHICKEN MARSALA 5 ROASTED RED POTATOES ITALIAN VEGETABLES MINISTRONE SOUP ORANGE MILK	YANKEE POT ROAST 6 POTATO MEDLEY W/GRAVY MAPLE GLAZED CARROTS MANDARIN ORANGE W/ YOGURT RAISIN NUT CUP MILK	SALMON W/ LEMON DILL 7 SUCCOTASH MUSHROOM RISOTTO ROASTED BUTTERNUT SOUP APPLE MILK
CHICKEN SANDWICH 10 W/ AVOCADO, LETTUCE & TOMATO COLESLAW APPLE FRUIT CUP MILK	<b>POTLUCK</b>	BONELESS BBQ 12 PORK RIBS POTATO SALAD CALIFORNIA BLEND VEGETABLES W/ ALMONDS BAKED BEANS MELON CUP MILK	CHICKEN ALFREDO 13 SQUASH MEDLEY GARBANZO BEAN & TOMATO SALAD STRAWBERRIES MILK	EGG SALAD SANDWICH 14 TOSSED VEGETABLE SALAD W/ DRESSING CARROT, PARSNIP & POTATO SOUP ORANGE MILK
GLAZED HAM 17 ROASTED SWEET POTATO ITALIAN VEGETABLES HIGH FIBER COOKIE MILK	BBQ CHICKEN 18 POTATO SALAD GARBANZO BEAN & TOMATO SALAD CREAM OF MUSHROOM SOUP MANDARIN ORANGES MILK	HAMBURGER 19 W/ LETTUCE, TOMATO & ONION PINTO BEANS COLESLAW SPICED PEACHES MILK	ROAST TURKEY 20 W/ GRAVY MASHED POTATOES CALIFORNIA BLEND VEGETABLES BANANA PEANUT BUTTER COOKIE MILK	CHICKEN PARMESAN 21 PASTA W/ MARINARA ITALIAN VEGETABLES TOMATO BASIL SALAD GARLIC BREAD ORANGE MILK
BEEF CHILI & CHEESE 24 SOUP CREAM BAKED POTATO TOSSED SALAD W/ DRESSING GRAPE CUP MILK	<b>CATERED LUNCH</b>	CHICKEN FAJITA 26 W/ PEPPERS, ONIONS CHEESE, SOUR CREAM, SALSA TORTILLAS SPANISH RICE SOUTHWESTERN BLACK BEANS STRAWBERRIES MILK	CRAB CAKES 27 BROCCOLI CHEDDAR RICE GREEN BEANS ALMONDINE OATMEAL RAISIN COOKIE ORANGE MILK	ZITI W/ SAUSAGE & SAUCE 28 ITALIAN VEGETABLE BLEND CAESAR SALAD BANANA MILK
<b>MEALS ARE PARTIALLY FUNDED BY THE PIKES PEAK AREA AGENCY ON AGING</b>				<b>APRIL 2017</b>

LMS 3/14/17

**MAKE A RESERVATION BY CALLING 719-884-2304 BY 2:00 P.M. THE DAY BEFORE YOU WANT A MEAL. PLEASE MAKE SURE YOU STATE THE SITE LOCATION WHERE YOU WOULD LIKE TO DINE AND THE NUMBER OF MEALS YOU WOULD LIKE TO RESERVE. ©**

Menu substitutions may occur without notice. Diners are advised to keep a three-day supply of non-perishable foods and bottled water in case of inclement weather or other emergency that may cause a temporary suspension of service. LEARN MORE ABOUT GCNP AT [WWW.SILVERKEY.ORG](http://WWW.SILVERKEY.ORG) UNDER "PROGRAMS."

Or call the Senior Center front desk at 687-3877 by 1:00 the day before you want a meal to make reservations.



321 NORTH PINE STREET  
P.O. Box 5813  
WOODLAND PARK, CO, 80866

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RETURN SERVICE REQUESTED

#### BOARD OF DIRECTORS

Jerry Burnham, President  
Rose Banzhaf, Vice President  
In Search of, Treasurer  
Jeanette Zupancic, Secretary  
Ron Frindt, Director-at-Large  
Pat Danielson, Director-at-Large  
Pamela Argo, Activities

#### COMMITTEES

Sue Frindt, Historian  
Paul Loyd, Lunch Coordinator  
Bev Jones, Trips



## art & Crafts Fair & Bake Sale

Saturday, April 29th, 9:00 a.m. - 3:00 p.m.

Woodland Park Senior Center

321 N Pine Street (southeast corner of Lake & Pine)

watercolors~hand painted greeting cards~ceramics

jewelry~rugs~painted glassware~crocheting~soaps

plus homemade edible goodies

Come look for decor, gifts or treat yourself

and support programs and activities

of our local Senior Center!

Need more info?

Please call 649-6286 or 687-3877.

