**June, 2021** Volume 12, No. 6

### **Board of Directors Update.**



Membership: It is time to renew your membership. Dues for 2021 are \$15.00. You can stop by the Senior Center or send a check made payable to WPSO. Mailing address is PO Box 5813, Woodland Park, CO 80866.

**Exercise Class:** Jan's exercise class has resumed. It is good to see all of her regular participants back in the building.

**Potluck and Catered Meal:** We plan to have a potluck on 8 June catered meal on 22 June. The cost of the catered meal has been reduced to \$7.00 per person. Please remember that this is a fund raiser for the Senior Center.

**Frozen Meals:** Silver Key has resumed sending 5 frozen meals per week. Suggested donation is now \$11.25 per person per week. Reservations need to be made no later than 12 o'clock on each TUESDAY. If you know of someone who could benefit from this program please encourage them to contact the Senior Center at (719) 687-3877.

Hot Lunch Meals: Silver Key will resume daily hot meals on 28 Jun. Remember that it will be necessary to notify the staff of the days you want to participate each week. The selection forms are available at the kitchen counter.

**Annual Meeting:** This will be held on 22 June. The only item of business is the election of board members. Currently there are 5 opening on the board and only 5 people have expressed an interest in serving. As a result, the mailing of ballots has been cancelled. There will be an opportunity for nominations from the floor.

**Veterans Memorial Luncheon:** This was a tremendous success with 58 people in attendance. Thank you to everyone who made this possible.

**Hat Decorating:** Thank you to Aline for leading this class. The ladies who participated seemed to enjoy themselves. You ladies need to model your hat for us.

**Trip to Paralympic/Olympic Museum:** This trip is planned for June. The Senior Center will pay for half of your ticket cost. Watch the front desk for a signup sheet.



It was so great to see folks at our Catered meal in May! Thanks to Pat Pine for organizing the event and serving along with Jerry and Rose. A big thanks to City Market for catering the event!

We had our quilt drawing during the catered meal—thanks to Aline Goodchild who pieced the quilt top and to our quilting ladies who spent many hours hand-quilting the finished product.

Additional thanks to Aline who assisted the hat decorating ladies in preparation for the High Tea coming up in June.

It is volunteers like these who make our Senior Center a fun active organization. Let us know if you have a talent you would like to share with our membership!

Woodland Park Senior Organization (aka Club) was formed July 12, 1973, to bring together seniors *age 50 and over*, in Teller and adjoining counties, to promote the well-being of senior citizens and adults with disabilities by providing social interaction, mental stimulation and healthful activities. When we reopen, stop by any weekday between 9am and 1pm to check out activities we currently provide that might interest you and to suggest additional activities for our community!

# **Coming in July**

7/13 Potluck Lunch

7/27 Catered Lunch

7/14 Crafts - Gourd Birdhouses

7/TBD Club Outing



John	Graham	6 - 6
Walter	Banzhaf	6 - 13
Tom	Brazil	6 - 15
Roger	Qualls	6 - 19
Mary Lou	Trigg	6 - 21
Barbara	Riley-Cunningham	6 - 28
Annette	Stark	6 - 30

June Catered Meal is FREE for June Babies!

### **Volunteers Needed**

There are 2 big events coming in June that need lots of volunteer help!

- 1. June 5 Rummage Sale Needed are folks to help setup on Friday afternoon and man the sale on Saturday. We will have most items inside the center on tables and a few larger items out in the parking lot. If you are Spring Cleaning, bring those items that need to be rehomed to the center to be added to the sale no clothes, TVs, electronics or furniture please.
- 2. **June 12** is our annual **High Tea**. Cheryl Price is the lead for this event. She needs folks to help with donating food and folks to help setup for the event.

Sign-up sheets to help with for both these events are at the front desk.

### **FREE AREA MEALS**

Mountain View Methodist Church 1st and 3rd Wednesday each month, 5 to 6 pm.

Take-out hot meal (can be delivered) 1101 Rampart Range Road, WP Call 405-550-7510 for a reservation.

### **Seventh Day Adventist Church**

Wednesdays, 12:00 - 1:00pm Eat inside or order for take-out 1000 CO Hwy 67, WP 719-687-1260 to order take-out



# WPSO Board of Directors Election June 22 - Annual Meeting

The terms for five members of our Board of Directors expire in June. We have five folks willing to fill these seats. Since no additional candidates have

been nominated, a paper ballot will not be mailed out to the membership.

At the June 22 membership meeting, additional nominations will be accepted prior to accepting these individuals to the board. If additional nominations are presented, a paper ballot will be distributed to the members present at the meeting.

Sign-up for the Catered Meal (catered by Joanie's Deli) and stay for the Annual Meeting.

## US Olympic & Paralympic Museum

Friday, June 25, leave at 9:15 - back by 1:30

The U.S. Olympic & Paralympic Museum is one of the best new attractions in Colorado Springs. The Museum is dedicated to capturing and sharing the history of Team USA in the Olympic and Paralympic Games, as well as the hopes and dreams of future generations. Many Olympians who are military veterans say there is a strong similarity between the discipline of the military and that needed to succeed in athletics.



3 time Paralympic handcyclist Oz

Transportation will be provided by *Teller County Senior Coalition* (limited to 12 seats) or you can caravan in your own vehicle. We plan to visit the museum and eat lunch at the on-site café. The Senior Center will cover one half of the entrance fee for members.

Entrance Fee: Under 65 - \$24.95 - 65 or older - \$19.95 Sign-up sheet is at the front desk or call 719-687-3877 by June 18



# Rummage Sale

Open to the Public

June 5, 2021 gam - 1pm

Woodland Park Senior Center

& Parking Lot

Pine & Lake Streets

"Donations Welcome!"

Call 719-687-3877

for more information



## **CHAIR YOGA starting this month**

A weekly chair yoga class is beginning this month, for all Seniors, Wednesdays 9:30 to 10:30.

Feeling some stiffness in your joints? Finding a bit challenged getting on your feet after sitting in that comfy chair? Then this is a class you may want to check out! Class lesson plans are geared towards the needs and capabilities of the participants.

Come for an opportunity to get to know some new friends while loosening up those stiff joints and stretching your muscles and connective tissues.



Plan to check out this class beginning Wednesday, June 2. Come dressed in comfortable non binding clothes. All levels of ability are welcome!

### Seniors Exercise Class with Jan

A general exercise class is offered, for all Seniors, Tuesdays and Thursdays 9:30 to 10:30. This class teaches movement, range of motion, balance, posture, and light strength training.

Class lesson plans are geared towards the needs and capabilities of the participants. This is a very casual atmosphere of locals having a good time while exercising. Cost is \$5 dollars a session.







# Larry Griffy's Memorial

















May 11 Potluck Lunch



















# ORRESPONDENT More Snapshots of May

# May 25 Veteran Recognition Catered Meal & Frank Sinatra Program













May 13

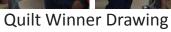


May 27

















Liar's Table Guys





















### WOODLAND PARK SENIOR CLUB TOP 10 MEMBERSHIP BENEFITS

- 1. SOCIAL ACTIVITY
- CLUB HOUSE
- 3. INCREASE KNOWLEDGE
- 4. REGULAR ACTIVITY
- 5. FITNESS & WELLNESS
- 6. SPECIAL DISCOUNTS
- 7. SPECIAL EVENTS
- 8. NETWORKING
- 9. VOLUNTEERING
- 10. FUN, FUN, FUN



### **BOARD OF DIRECTORS**

Jerry Burnham, President
Patrick Pine, Vice President
Jeanette Zupancic, Secretary
Wally Banzhaf, Treasurer
Steve Frick, Director-at-Large
Susan Edwards, Director-at-Large
Jim Grover, Director-at-Large
Rose Banzhaf, Director —at-Large
Loretta Riddiough, Director-at-Large

#### **COMMITTEES**

Operations, Jerry Burnham & Rose Banzhaf Catered Lunch Coordinator, Paul Loyd Activities, Susan Edwards & Steve Frick Membership & Marketing, Patrick Pine Public Relations & Advertising, Rose Banzhaf Fund Raising, Jim Grover Building Use, Steve Frick Grants, Jerry Burnham & Rose Banzhaf Historian, Karen Gillim Entertainment, Loretta Riddiough Librarian, Nancy Remmler

All members are encouraged to join a committee where their interest lie. Please contact any of the board members with any concerns or suggestions.

### **2021 SUPPORTING MEMBERS**

Any individual, business, or organization helping to support the Senior Club with a cash donation or a gift in kind.

#### **SPONSOR - \$1,000 & UP**

City of Woodland Park
Tweeds Holiday Home Tour
VFW POST 11411
Next Fifty Initiative
IREA
Newmont Mining
Paul Loyd
Ackerman Fund

### **BENEFACTOR - \$350 to \$999**

Woodland Park Convention & Visitors Bureau
Mountain View United Methodist Church
City Market
Keep Woodland Park Beautiful
Pikes Peak Medical Center Foundation
Sharon Loewen
Greg Belding

### PATRON - \$200 to \$349

Grandmother's Kitchen
Rapid Lube
Jerry Burnham
Ellen Wilsey
Gary Kraudeit
Benchmark Mortgage

#### FRIEND - \$50 to \$199

Legacy Wealth Management
Robert C. Elliott, DDS
AJ's Pizzeria
Home Town Garage
Malone Insurance
Jim O'Neal - George Coley
Martha George - Frances Young
Barbara Riley Cunningham - Gene Smith
Aline Joy Goodchild - Judith Ann Rayer
Lloyd & Helen Collins
Doug & Karen Gilliam
Arnold & Katherine Sparnins
Gene & Ruth Williams
Gregory Hudgins - Paula Levy
Cheryl Price - Sally McCracken

### **DONOR - \$1 to \$49**

Susan Janiki - Kathi Pilcher Joyce & Irving Johnson Gary Smith - Dora Wolfe James & Claudia Pauloo

### ASSOCIATE MEMBERS WANTED

An Associate Member is a business/organization who supports the Club and would like to offer a Special Discount or Service for Club Members. If you know a business/organization that is interested in supporting the club this way, please contact Pat Pine at the office for details.

The Senior Correspondent is published monthly by Woodland Park Senior Organization located at 321 North Pine Street, PO Box 5813, Woodland Park, CO 80866.

To leave a comment or if you have a question, call 719.687.3877.

Like to contribute to the Senior Correspondent?

Submissions for the Newsletter are due by the 25th of each month