

SENIOR CORRESPONDENT

A publication of the Woodland Park Senior Organization

AUGUST, 2019

Volume 10, No. 8

Board of Directors Update

July was another busy month at the Senior Center.

Let me begin by catching you up on the status of meals at the Senior Center. Thanks to the efforts of Kathy Lowry at the Senior Coalition and to Rose, Silver Key is still providing meals on Monday, Wednesday and Thursday. The coalition is picking the meals up in Manitou Springs and bringing them to the Senior Center. Thank you to Cyndy Swanson and Empowering Independence for preparing the Friday meal and the Senior Center is providing meals on Tuesday. The one thing to remember is that the meals on Tuesday and Friday are now CASH ONLY. You can still use your punch cards on Monday, Wednesday and Thursday.

The pancake breakfast on July 4th was a tremendous success. A total of 191 meals were served. Thank you to the following people for donating their time and talents to make this a success: Bill & Kathy Avery, Bob & Janiece Tyler and their grandchildren Lilly & Joseph, Wally & Rose Banzhaf, Randy & Pam Ford, Dawn & Cameron Spann, and Pamela Argo.

The Yard and craft sale was held on the 13th and turn out was not as large as we had hoped for. However, overall the event was a success.

If you missed the trip to the Butte Theatre, you really missed a good time. We enjoyed lunch at Maggie's and a rousing performance of the melodrama "My Partner" followed by an Olio. Special thanks to the Cripple Creek Transportation Department. Their manager, Ted Schweitzer, was generous in providing one of their trolleys to transport us to and from the play.

Even though it was a rather warm afternoon, miniature golf was enjoyed by all attending.

Officers were elected at the July board meeting. Your officers for the next year are President Rose Banzhaf, Vice-President Susan Edwards, Secretary John Kinnaird, Treasurer Wally Banzhaf, Director-at-Large Jim Grover, Pat Pine, Loretta Riddiough, Kevin Manning & Jerry Burnham.

Subscribe to our Mailing List!

You can subscribe to our electronic mailing list by going to the Woodland Park Senior Organization website www.woodlandparkseniors.com. Scroll to the bottom of the Home page and look for the Senior Correspondent image. Type your email address into the box and then click on the Subscribe button. You will receive notifications when the newsletter is available online as well as other timely notifications.

Thank you!!!

To the following people for donating time to assist with set-up, sale and clean-up at the summer Yard & Craft Sale:

Pat Pine

Jeanette & Ed Zupancic

Lorretta Riddiough

John Kinnaird

Laura Ross

Susan, John & Andrew Edwards

Janice & Rick McVey

Simon Kane

Sheila, Todd & Brian Wolf

Cheryl Price

Anna Mae Hoffman

Crystal Barker

And crafters:

Darlene O'Brian

Jeanette Zupancic

Lynn Churchill

Susan Edwards

Aline Goodchild

Cheryl Price

Laura Ross

Coming in August

4 Vibes Baseball Game
10 Senior Expo
13 Potluck Lunch
15 Memorial Wall in CC
27 CATERED MEAL



**SATURDAY
AUGUST 17TH
MEMORIAL PARK
NOON to 2pm**

GAZEBO by the SENIOR CENTER

Club will provide burgers, dogs, drinks & dessert.

Bring your favorite side dish to share.

Bring a lawn chair or blanket to sit and relax on.

Meet & Greet fellow members

RSVP to 719-687-6877.

UP
STEP EXERCISE CLASS
With Carrie Stark from 1:00 until 3:00 every Friday for 7 weeks

Correction/Omission: Yikes!

We failed to thank "Point and Shoot" Kathleen Lundman for the fabulous photos of this year's High Tea.

Thank you, Kathleen!!!



Chair Massages

by

Penny Mandeville

Every Tuesday
10am to 12pm

15 minutes each

Sign up at the front desk. Penny is providing these massages for volunteer hours!



- 1st Cathy Johnson
- 12th David Hussli
- 12th Jeanette Zupancic
- 16th Rose Banzhaf
- 17th Penny Rust
- 23rd Lynn Churchill
- 23rd Dee Tucker

August Catered Meal is FREE for August Babies!

Senior Hiking Opportunities



Sue Idleman coordinates Monday, Wednesday and Friday hiking opportunities for folks in our area.

In general, the Monday, Level I hikes, are 3-3.5 hours and less strenuous.

The Wednesday, Level II hikes, are 3-5 hours, more strenuous due to greater elevation gain, and longer in distance.

Everyone is encouraged to hike at their own pace, and we remain connected via walkie-talkies.

Summer hikes begin at 8:00 am, meeting in the Senior Center parking lot shortly before 8:00am. From there we carpool or you can follow in your own vehicle if you prefer. Most hikes are dog-friendly.

We also have a Friday Trail Explorer hike every-other Friday where more experienced hikers check out new trails for the group.

All hikes are "travel at your own risk" and everyone is encouraged to use good judgment in determining the hikes that are comparable to their skill level.

You can contact Sue to be put on the email list—sue.idleman@gmail.com

**SAVE THE DATE:
Saturday ~ August 10th
Mtn. View United Methodist Church**

The Golden Bridge Network
presents the
4th Annual Senior Expo



MEDIA SPONSOR
PIKES PEAK SENIOR NEWS
Quarterly Lifestyle Magazine



UCHealth Pikes Peak Regional Hospital nursing staff will be providing Blood Pressure checks at the Senior Center from 10:30am to 11:30am on Tuesday, July 16.

Special Notice!!!

Silver Key lunches will now be served on Monday, Wednesday and Thursday only. Tuesday meals will be provided by the Senior Center and Friday meals will be prepared by Empowering Independence with ingredients provided by the Senior Center. Tuesday and Friday lunches will be cash only.

DON'T FORGET
to
SUBMIT



All you camera bugs. Get those summer pics in before the August CATERED Meal so they can be judged for the Summer Photo Contest!!!



Sign up NOW for the August 4th (Sunday) Trip to Vibes baseball game, Leave Senior Center at 12:30. Back by 5:30. Stuff yourselves with hot dogs and cracker jacks!!!

LINE DANCING
every Tuesday at 1:00pm

Vietnam Veterans Memorial WALL Traveling Tribute



Colorado appearance: Cripple Creek High School
AUGUST 15-18, 2019 • FREE ADMISSION
Presented as part of the 27th Annual
Salute to American Veterans Rally
theveteransrally.org



Thursday August 15th (following BINGO) Please join us for a trip to Cripple Creek to visit the Vietnam Memorial Wall 11:45— 4:00. Self purchase lunch on arrival to Cripple Creek. Sign up at the front desk.

August Art and Craft Classes at the Senior Center

- Wed, Aug 7 Art with Deb Cancelled for today.
 - Wed, Aug 14 Craft with Gwen — Card String
 - Wed, Aug 21 Art with Deb — Selfie-Sketches (using photo or mirror). Learn proportions of human face and use line, shape, value, and texture to capture unique facial features.
 - Wed Aug 28 Craft with Jeanette — Painting
- Classes begin at 1:00 and end as determined by the instructor.



↑↑↑ Summer Yard & Craft Sale July 13th ↑↑↑



Sorry. No photos from July Bingo were submitted. If anyone takes pics of August Bingo, please submit them for possible publication.



Mary in the Park



Lila's Cancer Awareness Quilt

↓↓↓ Texas Roadhouse July 22nd ↓↓↓





↑↑↑ Catered Meal & Car Fit Presentation ↑↑↑



Line Dancing.



↑↑↑ Flying W Wranglers Free Concert

At the Teller County Fair ↑↑↑



←←← ↓↓↓ Teller County Fair July 29th ↓↓↓





WOODLAND PARK SENIOR CLUB TOP 10 MEMBERSHIP BENEFITS

1. SOCIAL ACTIVITY
2. CLUB HOUSE
3. INCREASE KNOWLEDGE
4. REGULAR ACTIVITY
5. FITNESS & WELLNESS
6. SPECIAL DISCOUNTS
7. SPECIAL EVENTS
8. NETWORKING
9. VOLUNTEERING
10. FUN, FUN, FUN



BOARD OF DIRECTORS

Rose Banzhaf, President
 Susan Edwards, Vice President
 John Kinnaird, Secretary
 Wally Banzhaf, Treasurer
 Jerry Burnham, Director-at-Large
 Jim Grover, Director-at-Large
 Kevin Manning, Director-at-Large
 Pat Pine, Director-at-Large
 Loretta Riddiough, Director-at-Large

COMMITTEES

Historian, Sue Frindt
 Catered Lunch Coordinator, Paul Loyd
 Activities, Susan Edwards
 Membership/Marketing, Pat Pine
 Operations, Jerry Burnham
 & Rose Banzhaf
 Public Relations/Advertising, Rose Banzhaf
 Fund Raising, Jim Grover
 Building Use, John Kinnaird
 Building Maintenance, Kevin Manning
 Grants, Jerry Burnham & Rose Banzhaf

All members are encouraged to join a committee where their interest lies.

Please contact any of the board members with concerns or suggestions.

2019 SUPPORTING MEMBERS

Any individual, business, or organization wishing to support the Senior Club with a cash donation or a gift in kind.

SPONSOR - \$1,000 & UP

The City of Woodland Park
 Newmont Mining
 Tweeds Holiday Home Tour
 El Pomar Foundation
 Cruise Above the Clouds
 VFW POST 11411

BENEFACTOR - \$350 to \$999

Circle H Smoke House
 Woodland Park Convention & Visitors Bureau
 Mountain View United Methodist Church
 Jim Grover

PATRON - \$200 to \$349

Legacy Wealth
 Kozleski CPAs, PC
 Dora Wolfe

FRIEND - \$50 to \$199

Prospect Home Care-Hospice
 Teller Country Chiropractic
 Wild Hair Salon
 Fred & Karen Gilliam
 Rapid Lube
 M&M Pizza

DONOR - \$1 to \$49

Park State Bank
 Blue's Natural Pet Salon
 Joe Baumgardner

SPECIAL OFFER FROM ASSOCIATE MEMBERS

An Associate Member is a business/organization who supports the Club and is offering a Special Discount or Service for Club Members. The following is a current list of members providing a Special Offer to Club members. As new members are added, please check the Club's website for an up-to-date list.

The Senior Correspondent is published monthly by Woodland Park Senior Organization located at 321 North Pine Street, PO Box 5813, Woodland Park, CO 80866.

To leave a comment or if you have a question, call 719.687.3877.

Like to contribute to the Senior Correspondent?

Submissions for the Newsletter are due by the 25th of each month