

August, 2020

Volume 11, No. 8



#### **Board of Directors Update**

Not sure what I can tell you that you are not already aware of. Therefore, I will break this down into categories.

Reopening the Senior Center: There is no date in the foreseeable future when we will be in a position to safely reopen the Senior Center. This will be considered when Silver Kay resumes the hot meal program. We do have a committee working on guidelines for reopening. These guidelines will be submitted to both the county health department and to the City of Woodland Park for approval. This will speed up the reopening process.

Frozen Meals: These meals are still available for pick-up or delivery on each Monday. They are available to any senior at a suggested donation of \$11.25 for 5 meals. Reservations need to be made no later than 12 o'clock on each Wednesday. If you know of someone who could benefit from this program please encourage them to contact the Senior Center at (719) 687-3877.

Masks: A group of 5 ladies continue to come in each Thursday and sew masks for anyone who needs them. Some of these remain at the Senior Center and the remainder are donated to the Sheriff's Department. Thus far they have made over 600 masks. Great job ladies.

Zoom Bingo: this continues each Thursday at 10:30. You can either join on your computer or by phone. Prizes for the winners each week can be picked up at the Senior Center on the following Monday.

Coronavirus: The virus continues to be with us. Cases in Teller County continue to trend upward. Please wear you masks and practice social distancing. To paraphrase President Teddy Roosevelt, "*Speak softly and carry a BIG* <u>SIX-FOOT</u> STICK".

Woodland Park Senior Organization (akaClub) was formed July 12, 1973, to bring together seniors *age 50 and over*, in Teller and adjoining counties, to promote the well-being of senior citizens and adults with disabilities by providing social interaction, mental stimulation and healthful activities. When we reopen, stop by any weekday between 9am and 1pm to check out activities we currently provide that might interest you and to suggest additional activities for our community!



Thanks to our July volunteer of the month, Pamela Argo who has tirelessly worked to organize our "Dance Through

the Decades" event which now will be postponed to next year due to the Covid virus. Her work on this event will allow us to celebrate a post Covid reopening in style!

#### SENIOR RESOURCE INFORMATION

Need a referral for Senior Services? We have a list of organizations on our website (<u>http://</u><u>www.woodlandparkseniors.com/</u>). This list of service providers is filled with valuable resources and links for a variety of senior services. Search our database to learn more about organizations providing senior services both local and across the United States. Using the Internet to research senior resources can save countless hours in locating needed help and services.

To access the list open the website and click on Membership in the Menu Bar and then click on Senior Resource Information in the drop-down menu or scroll down the homepage to the Information/Support image (under JOIN THE FUN) and click on the link.

(<u>http://www.woodlandparkseniors.com/index.php?</u> page=senior-resource-information )

#### New Board Positions

At the July Board Meeting the 2020-2021 executive board positions were filled as follows:

President: Jerry Burnham Vice President: Patrick Pine Secretary: Jeanette Zupancic Treasurer: Wally Banzhaf



Members at Large are: Steve Frick, Rose Banzhaf Jim Grover, Susan Edwards & Loretta Riddiough

#### Coming when we can Reopen

Senior Center Yard Sale AF Museum Planetarium Pro Rodeo Museum Willow Stone Flea Market

## SENIOR





Cathy	Johnson	8 - 1
Tom	Pruitt	8 - 3
David	Hussli	8 - 12
Jeanette	Zupancic	8 - 12
Rose	Banzhaf	8 - 16
Penny	Rust	8 - 17
Linn	Churchill	8 - 23
Dee	Tucker	8 - 23
Cecilia	Ramirez	8 - 24

Happy Birthday to all our August Birthday Babies!





Virtual Bingo is ongoing! We play Bingo every Thursday at 10:30 am.

Pick up your bingo cards at the center any day between 9am and 1pm or download some from the internet.

Look for the Bingo invite email on Wednesday or Thursday morning. Click on the link in the email or call one of the numbers in the email and join in on the fun!

If you have not already downloaded ZOOM onto your computer, IPAD, tablet or smart phone you will be instructed how to do that when you click the link. Call the Senior Center (719-687-3877) if you need help!

Winners can pick up prizes at the center during Monday lunch pick-up. See some faces, hear some voices, visit with friends, join the fun!

#### Free Skin Checks at the Woodland Park Senior Center



On Tuesday, October 6<sup>th</sup>, Vanguard Skin Specialists in Woodland Park will be offering free skin checks to Teller County residents at their clinic. Please call their office at 719-355-1585 to make an appointment.

If they see a spot that is concerning for skin cancer or needs treatment, they can schedule an appointment to have the biopsy or treatment done at a later date. That can be done with them or any dermatologist. The goal is to provide appropriate care.

Dr. Chung said, "Many patients have never seen a dermatologist because they do not understand the importance of such a visit. During our last free "Spot Check" event in Colorado Springs, we saw roughly 350 people and diagnosed at least four melanomas. We are so encouraged that at least four lives have been saved!"

If you have never seen a dermatologist, haven't seen one...in a while, or have not had a dermatology appointment in 2020, you are encouraged to participate in this free event. Teller Senior Coalition can provide transportation for those 60 and older. Please call 719-687-0256 to schedule a ride.

Dr. Chung and his team at Vanguard Skin Specialists are excited to provide this important free service to our Teller County community. Please spread the word! Now, more than ever, it's important that we help each other stay safe and healthy.

John Kinnaird, our past board secretary and current Building use manager, had surgery on Wednesday, July 29. He is doing well but anticipates a lengthy recuperation before he is able to come back home. He is in intensive care at the VA hospital in Aurora. Currently he can not receive any flowers however notes & cards are allowed and appreciated. You can mail your get well wishes to:

Rocky Mountain Regional VA Medical Center ATTN: John Kinnaird - room #H3 105 1700 N.Wheeling Street Aurora, CO 80045





We have postponed the "*Dance Through the Decades*" --a community dance and fundraiser for Woodland Park Senior Organization--Until 2021.

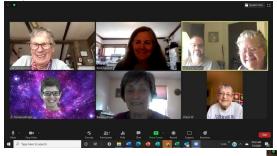
#### SENIOR ORRESPONDENT

#### **Snapshots of July**

Page 3



**ZOOM Bingo July 2** 



**ZOOM Bingo July 16** 



Jeanette Zupancic



Boy Scout Buddy Neil



Rose Banzhaf



Robert & Adrianne Mauser



Cheryl Walling



#### **ZOOM Bingo July 23**



ZOOM Bingo July 30



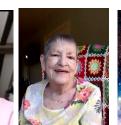


Jeanette Zupancic

Robert & Adrianne Mauser



Jeanette Zupancic



Cheryl Walling



Paul Loyd



Barbara Royal



Ruth Williams via Phone



Boy Scout Buddy Duncan

Boy Scout Buddies Duncan & Neil



Adrianne Mauser





Martha Williams



#### WOODLAND PARK SENIOR CLUB TOP 10 MEMBERSHIP BENEFITS

- 1. SOCIAL ACTIVITY
- 2. CLUB HOUSE
- 3. INCREASE KNOWLEDGE
- 4. REGULAR ACTIVITY
- 5. FITNESS & WELLNESS
- 6. SPECIAL DISCOUNTS
- 7. SPECIAL EVENTS
- 8. NETWORKING
- 9. VOLUNTEERING
- 10. FUN, FUN, FUN



#### **BOARD OF DIRECTORS**

Jerry Burnham, President Patrick Pine, Vice President Jeanette Zupancic, Secretary Wally Banzhaf, Treasurer Steve Frick, Director-at-Large Susan Edwards, Director-at-Large Jim Grover, Director-at-Large Rose Banzhaf, Director –at-Large Loretta Riddiough, Director-at-Large

#### COMMITTEES

Historian & Entertainment, Loretta Riddiough Catered Lunch Coordinator, Paul Loyd Activities, Susan Edwards & Steve Frick Membership & Marketing, Patrick Pine Operations, Jerry Burnham Public Relations & Advertising, Rose Banzhaf Fund Raising, Jim Grover Building Use, John Kinnaird Grants, Jerry Burnham & Rose Banzhaf

All members are encouraged to join a committee where their interest lie. Please contact any of the board members with any concerns or suggestions.

#### **2020 SUPPORTING MEMBERS**

Any individual, business, or organization helping to support the Senior Club with a cash donation or a gift in kind.

#### **SPONSOR - \$1,000 & UP**

The City of Woodland Park Tweeds Holiday Home Tour El Pomar Foundation Paul Loyd Joanie's Deli VFW POST 11411 Next Fifty Initiative IREA **BENEFACTOR - \$350 to \$999** Newmont Mining Cruise Above the Clouds Circle H Smoke House

Woodland Park Convention & Visitors Bureau Jim Grover - Sharon Loewen Mountain View United Methodist Church GoDaddy City Market

#### PATRON - \$200 to \$349

Great Clips Legacy Wealth Kozleski CPAs, PC Dora Wolfe J. O'Neal

#### FRIEND - \$50 to \$199 **Prospect Home Care-Hospice** Teller Country Chiropractic Wild Hair Salon Rapid Lube - AJ's Pizzeria RDK Small Engines - Home Town Garage Tony Hakar - Joe Kraudeit AL Post 1980 - Malone Insurance Robert Elliott, DDS - Cassie Chen, MD Woodland Pet Salon Martha George - Frances Young Barbara Riley Cunningham Aline Joy Goodchild - Judith Ann Rayer Gary Kraudelt - George Coley Doug & Karen Gilliam Arnold & Katherine Sparnins Gene & Ruth Williams Jerry Burnham

#### DONOR - \$1 to \$49

Blue's Natural Pet Salon Joe Baumgardner Donna Club - Susan Janiki Rebecca Brown - Gary Brown James & Claudia Pauloo

#### ASSOCIATE MEMBERS WANTED

An Associate Member is a business/organization who supports the Club and would like to offer a Special Discount or Service for Club Members. If you know a business/organization that is interested in supporting the club this way, please contact Pat Pine at the office for details.

The Senior Correspondent is published monthly by Woodland Park Senior Organization located at 321 North Pine Street, PO Box 5813, Woodland Park, CO 80866. To leave a comment or if you have a question, call 719.687.3877. Like to contribute to the Senior Correspondent? Submissions for the Newsletter are due by the 25th of each month

## C

#### B

### Kn Ris CO



	1	Opening the mail	
COVID-19	2	Getting restaurant takeout	
	2	Pumping gasoline	
CORONAVIRUS DISEASE	2	Playing tennis	
	2	Going camping	
BE INFORMED:		Grocery shopping	
DE INTONINED.	3	Going for a walk, run, or bike ride with others	
Know Your	3	Playing golf	
	4	Staying at a hotel for two nights	
Risk During	4	Sitting in a doctor's waiting room	
COVID-19	4	Going to a library or museum	
4On a scale of 1 to 10,4how risky is4		Eating in a restaurant (outside)	
		Walking in a busy downtown	
		Spending an hour at a playground	
Ranked by physicians from the TMA COVID-19 Task Force and the TMA 5		Having dinner at someone else's house	
Committee on Infectious Diseases.	5	Attending a backyard barbecue	
Please assume that participants in these activities are following currently 5		Going to a beach	
recommended safety protocols when possible.	5	Shopping at a mall	
	6	Sending kids to school, camp, or day care	
Autocia/fen	6	Working a week in an office building	
Physicians Coding for Teams	6	Swimming in a public pool	
	6	Visiting an elderly relative or friend in their home	
	7	Going to a hair salon or barbershop	
	7	Eating in a restaurant (inside)	
	7	Attending a wedding or funeral	
	7	Traveling by plane	
	7	Playing basketball	
	7	Playing football	
	7	Hugging or shaking hands when greeting a friend	
	8	Eating at a buffet	
	8	Working out at a gym	
	8	Going to an amusement park	
	8	Going to a movie theater	
	9	Attending a large music concert	
		Going to a sports stadium	
	9	Attending a religious service with 500+ worshipers	
9 Going to a bar			
Texas Medical Association   401 W. 15th St.   Austin, TX 78701-1680			

## LOW-MODERATE

# MODERATE RISK

Texas Medical Association | 401 W. 15th St. | Austin, TX 78701-1680 🛢 💓 @texmed

www.texmed.org

⊡ @wearetma