

# SENIOR CORRESPONDENT

A publication of the Woodland Park Senior Citizens Club

MARCH, 2016

Volume 7, No. 3



It's that time again. 2016 Dues are due as of January 1st, currently \$30 per year.

This is a significant increase from last year, but when you divide it out into the number of days we are open, it's still less than 15¢ per day.

The cost of running the Club goes up each year just like everything else and we work hard to keep up. If you can donate money or time or expertise, we'll take it.



This year's Mountain Eire St Patrick's Day performance is scheduled for Wednesday, March 16th at 10:30. Don't miss it!!!

## 2 GREAT PRESENTATION BY CLUB MEMBERS DON'T MISS

For our March Potluck on Tuesday, March 8th, we have long-time member Irv Johnson sharing some of his mountain climbing expeditions. We'd say it's from his wilder days, but we're not sure they're over.

Then, on Tuesday, March 22nd, find out how many National Parks are located in Colorado with Club member, Jean Rodeck. We bet you don't know how many there are.



## FREE INCOME TAX PREPARATION

For an appointment call  
Volunteer Income Tax Assistance  
at 229-9868

or

AARP TaxAide at 351-6600

## Now Accepting Donations



In preparation for a spring or summer bazaar/flea market, we are now collecting items to sell as a fundraiser for the Club. Please keep us in mind when you have items to donate.

Our ongoing sale of items for a suggested donation is a long-standing source of income for the Club. We accept household décor, craft supplies, puzzles, knick-knacks, small appliances and some clothing. If you are thinking about Spring cleaning, keep the Senior Club in mind! Remember, your donations are now tax-deductible.

If you would like to assist with the Sale, you are invited to do so! Call Pamela at 687-3877 or 339-0954.

—March Newsletter—  
Sponsored by

# Teller County Waste

719.686.7517

Coming in March: 8 POTLUCK & Presentation: Colorado's National Parks  
19 Pancake Breakfast, 8—11a.m.  
22 Catered Meal & Presentation: Mountain Climbing with Irv  
April 2 Madame Butterfly at Tinseltown



April Club outing. See simulcast of Madame Butterfly at Tinseltown on Saturday, April 2nd. Cost is \$21 plus \$5 transportation. Leave the Senior Center at 10:00 a.m. Sign up at front desk.

**MARCH BABIES:**

- Charles August
- Ann Battin
- Greg Belding
- Jean Billingere
- Martha Crabbs
- Curt Douglas
- Ginny George
- Miriam Gillespie
- Doug Gilliam
- Karen Gilliam
- Doris Gowen
- Jim Hollingsworth
- Freeman Howard
- Karl Huseboe
- Susan Janicki
- Claudia Kempt
- Nancy Lambert
- Ric Mattedi
- Eva Mattedi
- Ella Oatman
- Jean Rodeck
- Sandra Shannon
- Tom Shannon
- Michelle Sutton
- Tim Tholen
- Red Williams

**March Catered Meal is FREE for March Babies!**

**ONGOING ART CLASSES**

As of the 1st first Friday in February, we have been offering basic art lessons for any level of ability. Instructor, Angie Wisdom has a Bachelor of Fine Arts from Arizona State and has taught all ages from K through Seniors whom she taught at City of Scotts Valley Rec Center. She makes and sells her own artwork.

Classes last 1 1/2 to 2 hours each and a donation of \$5 per lesson is appreciated. Walk-ins welcome!



Join us on Friday, July 1st, to watch the Sky Sox play New Orleans at Se-

curity Service Field. We will leave the Senior Center at 5:15. Game starts at 7:05 and includes dinner of fried chicken, bbq pork, hamburgers, hot-dogs, sodas and more. Cost is \$26 for the game and \$5 donation for transportation. Sign up at the front desk.

*Thank You!!!*

Pikes Peak Regional Hospital for sponsoring our February newsletter as well as co-sponsoring a great Cardiology presentation along with UC-Memorial Health. And thank you, Dr. Brieke, for a very informative and understandable presentation on various heart conditions. Also CJ McCormack, Eric Riggle and Deb Idleman for setting this up as well as Gerry Coulter for a delicious heart-healthy lunch.

Mary Barrowman and Christine Fawn for updating us on services provided by Prospect Home Care & Hospice.

All of our front desk volunteers for making folks feel invited and welcomed.

**Retired, not Expired!**

**Community Café**

As of February 1, 2016

Days of operation will be 11:30—12:30, Tuesdays through Friday.

New cost: \$4.00 for those 60 and over.

\$7.00 for all others.

Reservations are required by Noon the previous day.

Call the Senior Center at 687-3877.

Sponsored by Teller Senior Coalition.

If this presents a hardship, please contact Teller Senior coalition to speak with a Case Manager.



The Senior Correspondent is published monthly by Woodland Park Senior Citizens Club located at 312 North Center Street, POB 5813, Woodland Park, CO 80866, 719.687.3877.



Sitz Yoga every Tuesday @ 1:30 at PPRH

Dance @ Dana's Dance Studio 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays @ 3pm

Call Deb Idleman at 686-5802 for reservations or additional info.



Join us for our SPRING CRAFT SHOW & BAKE SALE ON APRIL 9TH from 9-3. Cosy is \$25 per table with no additional fees. If you don't need a sales table, please consider donating a baked good for our Bake Sale table. All proceeds come to the Club!



Monday's soup and sandwich will be \$2.50 beginning in March. Community Café serves Tuesday through Friday, \$4 for those 60 and over.



### NEXT CLASS

Tuesday, March 15, 12:45—5:00 p.m. at Woodland Park Senior Center. \$15 for AARP members. \$20 for non-AARP members. Call 687-3877 to sign up.



Help us create bird feeders and homes for DayBreak, an Adult Day Program. Join us on Tuesday, March 22<sup>nd</sup> at 1:30 and Tuesday March 29<sup>th</sup> at 12:30 to make feeders and bird houses out of gourds with Aline Goodchild.

Everyone welcome!!!

### LETTERS TO AFGHANISTAN

A member of the Senior Club has a son in the military who is a Chaplain. He supports about 400 soldiers. If you would like to write to someone serving in Afghanistan, you can send a card or letter to the care of:

Chaplain Richard Hurst  
HHC, TF Mustang  
Bagram Airfield  
APO AE 09354

Chaplain Hurst will see that these get to the troops.



### SHOWING IN MARCH

Barefoot in the Park, Robert Redford, Jane Fonda—1hr 46min.

Pillow Talk: Rock Hudson, Doris Day—1hr 43min.

\$5 includes small popcorn and drink.

Thanks to Ed Shirck!!!



### Charitable Donation Form

I wish to support Woodland Park Senior Citizens Club and its efforts to provide social, educational and healthful activities for area Seniors by making a tax-deductible donation.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Amount of my donation: \$\_\_\_\_\_ Please make checks payable to WP Senior Citizens Club.

WPSCC ~ Post Office Box 5813 ~ Woodland Park ~ CO ~ 80866 ~ www.woodlandparkseniors.com ~ Tax ID: 84-0752514

Your contribution to Woodland Park Senior Citizens Club is greatly appreciated, thank you.

### MAKE A BIRDHOUSE OR A FEEDER FROM A GOURD!

Daybreak, an adult day program, is creating a Backyard Habitat. Aline Goodchild will teach and help us make bird houses and feeders out of gourds for their project. There will be two classes, one on Tuesday, March 22nd at 1:30 and another on Tuesday, March 29th at 12:30 right after lunch. If you are interested in participating please call in or sign up at the front desk so we know how many supplies to provide. If you are unable to plan that far ahead, please feel free to drop in and we will try to accommodate you. We should have enough supplies to cover a drop-in or two. This should be a fun project and a big help to DayBreak.



Nearly to the ground.



Valentine's Breakfast by Woodland Park High School Key club.

Veterans' Representative , Mike Bartol.

Presentation by UC Health Memorial.





February

BINGO




# March, 2016

## WOODLAND PARK SENIOR CITIZENS CLUB

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
<i>Coffee Mon-Fri every morning and cards, dominoes, cribbage or billiards.</i>	9:00-11:30 Quilting 12:15-3:00 Bridge		10:30-11:30 AF Exercise 12:00-3:00 Bridge	10:30-11:30 BINGO 12:30-1:15 Tai Chi w/Barb 1:30-3:30 Balance Class w/Rebecca Janacek Full Class	10:30-11:30 AEA Exercise 1:30-3:30 Art/Writing Class With Angie Wisdom All levels! \$5 Donation Appreciated	
6	7	8	9	10	11	12
	9:00-11:30 Quilting 12:15-3:00 Bridge	<b>POTLUCK</b> Colorado's National Parks by Jean Rodeck	9:00 Board Meeting 10:30-11:30 AF Exercise 12:00-3:00 Bridge	10:30-11:30 BINGO 12:30-1:15 Tai Chi w/Barb 1:30-3:30 Balance Class w/Rebecca Janacek Full Class	10:30-11:30 AEA Exercise 1:30-3:30 Art/Writing Class With Angie Wisdom All levels! \$5 Donation Appreciated	
13	14	15	16	17	18	19
	9:00-11:30 Quilting 12:15-3:00 Bridge	10:00 Senior Matinee Barefoot in the Park- Robert Redford and Jane Fonda—1hr, 46min	10:30-11:30 AF Exercise 10:30 Mountain Eire Irish Dancers 12:00-3:00 Bridge	10:30-11:30 BINGO 12:30-1:15 Tai Chi w/Barb 1:30-3:30 Balance Class w/Rebecca Janacek Full Class LAST CLASS	10:30-11:30 AEA Exercise 1:30-3:30 Art/Writing Class With Angie Wisdom All levels! \$5 Donation Appreciated	<b>Pancake Breakfast 8:00 – 11:00 a.m.</b>
20	21	22	23	24	25	26
	9:00-11:30 Quilting 12:15-3:00 Bridge	<b>CATERED MEAL</b> <i>Menu to be determined.</i> Mountain Climbing By Irv Johnson	10:30-11:30 AF Exercise 12:00-3:00 Bridge	10:30-11:30 BINGO 12:30-1:15 Tai Chi w/Barb	10:30-11:30 AEA Exercise 1:30-3:30 Art/Writing Class With Angie Wisdom All levels! \$5 Donation Appreciated	
27	28	29	30	31		
	9:00-11:30 Quilting 12:15-3:00 Bridge	10:00 Senior Matinee Pillow Talk: Rock Hudson, Doris Day —1hr 43min.		10:30-11:30 BINGO 12:30-1:15 Tai Chi w/Barb		

## Community Café March 2016

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">*Monday Soup &amp; Sandwich Provided by: <b>Woodland Park Senior Citizens Club</b></p>	<p>Meat Loaf 1 Mashed Potato &amp; Gravy Mixed Vegetables Rolls Cake</p>	<p>Chicken Pot Pie 2 Fruit Bowl Salad Bar Blueberry Muffins</p>	<p>Caramelized Pork Ribs 3 Baked Beans Corn on the Cob Brown Bread Cookies</p>	<p>Baked Cod 4 Rice Pilaf Broccoli Rolls Pumpkin Pie</p>
<p>Soup &amp; Sandwich 7 <b>*CASH ONLY</b> <i>Punch Cards Will Not Be Accepted.</i></p>	<p>Pot Luck 8</p>	<p>Teriyaki Beef Strips 9 Stir Fry Style Vegetables Rice Quinoa Mix Cake (Pine-Coconut)</p>	<p>Chicken Coq Au Vin 10 Penne Pasta Sautéed Squash Grilled French Bread Cobbler</p>	<p>Louisiana Bouillabaisse 11 (Gumbo without Okra) Rice, Cornbread Pecan Pie Sautéed Okra On The Side</p>
<p>Soup &amp; Sandwich* 14 <b>CASH ONLY</b> <i>Punch Cards Will Not Be Accepted.</i></p>	<p>Spaghetti with 15 Meat Sauce Garlic Bread Salad Bar Chef Choice Dessert</p>	<p>Chicken Salad 16 Croissant Sand. Soup DuJour Salad Bar Chef Choice Dessert</p>	<p>Irish Stew 17 Biscuits or Rolls Salad Bar Chef Choice Dessert</p>	<p>BBQ Pulled Pork 18 Hoagie Roll Potato Salad Salad Bar Chef Choice Dessert</p>
<p>Soup &amp; Sandwich* 21 <b>CASH ONLY</b> <i>Punch Cards Will Not Be Accepted.</i></p>	<p>Catered 22</p>	<p>Chicken Enchiladas 23 Spanish Rice Choro Beans Corn Cookies</p>	<p>Pork Loin Chops 24 Apple Sherry Demi-Glace Baked Sweet Potato Vegetable DuJour Custard Pie</p>	<p>Breaded Baked Tilapia 25 Roasted Red Potatoes Mixed Vegetable Rolls Cobbler</p>
<p>Soup &amp; Sandwich* 28 <b>CASH ONLY</b> <i>Punch Cards Will Not Be Accepted.</i></p>	<p>Swedish Meat Balls 29 Wide Egg Noodles Sweet Peas Fresh Fruit Yogurt</p>	<p>French Dip Sandwich 30 Au Jus Cole Slaw Fruit Bowl Cookies</p>	<p>Baked Chicken 31 Mashed Potato &amp; gravy Carrots Rolls Cake</p>	

**60 & Over \$4.00**

Reservations Required 24 hours in advance  
(719) 687-3877 Reservations accepted from  
9A.M. – Noon the day before.

**Under 60 \$7.00**



312 NORTH CENTER STREET  
P.O. BOX 5813  
WOODLAND PARK, CO, 80866

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RETURN SERVICE REQUESTED

**BOARD OF DIRECTORS**  
Jerry Burnham, President  
Tom Holmes, Vice President  
Bill Avery, Treasurer  
Jeanette Zupancic, Secretary  
Ron Frindt, Director-at-Large  
Paul Loyd, Director-at-Large  
Pamela Argo, Activities

**COMMITTEES**  
Neva McMullin, Afternoon Tea  
Donna Clark, Historian  
Paul Loyd, Club Lunch Coordinator



**SATURDAY, MARCH 5TH**  
**11:30 a.m - 1:30 p.m.**  
**WOODLAND PARK SENIOR CENTER**  
**312 N CENTER ST (BEHIND CITY HALL)**  
**ADMISSION \$7 - INCLUDES TASTINGS & LUNCH**

**CHILI ENTRY FEE: \$10**

Call pamela at 339-0954 or email [pjargo2010@yahoo.com](mailto:pjargo2010@yahoo.com)  
Prizes will be awarded for 1st place, 2nd place and people's choice.

Proceeds support activities at Woodland Park Senior Center.